No one may add or subtract from the official requirements found in the ***Cub Scout Bear Handbook***Requirements were revised in December 2016. This workbook was updated in October, 2018..

|  |  |  |
| --- | --- | --- |
|  | **Salmon Run**  Bear Adventure Workbook |  |

[http://www.USScouts.Org](http://www.usscouts.org/) • [http://www.MeritBadge.Org](http://www.meritbadge.org/)

Please submit errors, omissions, comments or suggestions about this **checklist** to: [Workbooks@USScouts.Org](mailto:Workbooks@usscouts.org?subject=Cub%20Scout%20Workbooks)   
Comments or suggestions for changes to the **requirements** should be sent to: [Advancement.Team@Scouting.Org](mailto:Advancement.Team@Scouting.Org)

Cub Scout’s Name: Pack No. :

**Source for requirements: Cub Scout Bear Handbook (#34753 - SKU 646429)**

**This adventure is an elective adventure which can be used to earn the Bear Badge.**

**Complete requirements 1-4 plus two others.**

** 1. Explain the importance of response personnel or lifeguards in a swimming area.**

** Tell how the buddy system works and why it is important.**

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**Salmon Run Cub Scout's Name:**

1. **Visit a local pool or swimming area with your den or family.**

** Go swimming or take a swimming lesson.**

1. **Explain the safety rules that you need to follow before participating in boating.**
2. **Identify the safety equipment needed when going boating.**
3. **Demonstrate correct rowing or paddling form.**

** Explain how rowing and canoeing are good exercise.**

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**Salmon Run Cub Scout's Name:**

** 6. Show how to do both a reach rescue and a throw rescue.**

** 7. Demonstrate the front crawl swim stroke to your den or family.**

** 8. Name the three swimming ability groups for the Boy Scouts of America.**



**3.**

** 9. Earn the BSA beginner swimmer classification.**

**When working on Cub Scout Advancements and awards, Cub Scouts, their parents, and Scouters should be aware of  
some vital information in the current edition of the *Guide to Advancement* (BSA publication 33088).Important excerpts  
from that publication can be downloaded from** [**http://usscouts.org/advance/docs/GTA-Excerpts-Cub.pdf.**](http://usscouts.org/advance/docs/GTA-Excerpts-Cub.pdf)

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**Salmon Run Workbook Page 3 of 3**