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Please submit errors, omissions, comments or suggestions about this **workbook** to: Workbooks@USScouts.Org

Comments or suggestions for changes to the **requirements** for the **merit badge** should be sent to: Merit.Badge@Scouting.Org

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1. Prepare an outline on what a family is and discuss this with your merit badge counselor.

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Tell why families are important to individuals and to society.

Individuals:

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Society.

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Discuss how the actions of one member can affect other members.

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2. List several reasons why you are important to your family and discuss this with your parents or guardians and with your merit badge counselor.

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3. Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.

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| Chore 1 |  |
| Chore 2 |  |
| Chore 3 |  |
| Chore 4 |  |
| Chore 5 |  |
| Chore 6 |  |

*(See the sample Home Chore Chart at the end of this workbook.)*

Discuss with your counselor the effect your chores had on your family.

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4. With the approval of your parents or guardians and your merit badge counselor, decide on and carry out a project that you would do around the home that would benefit your family.

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Submit a report to your merit badge counselor outlining how the project benefited your family.

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5. ⬜ Plan and carry out a project that involves the participation of your family.

After completing the project, discuss the following with your merit badge counselor:

a. The objective or goal of the project

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b. How individual members of your family participated

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c. The results of the project

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6. Do the following:

a. Discuss with your merit badge counselor how to plan and carry out a family meeting.

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b. After this discussion, plan and carry out a family meeting\* to include the following subjects:

1. Avoiding substance abuse, including tobacco, alcohol, and drugs, all of which negatively affect your health and well-being.

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| ⬜ Tobacco: |  |
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| * Alcohol:
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| ⬜ Drugs: |  |
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\*This conversation may take place with only one or both of your parents or guardians.

2. Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex

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3. How your chores in requirement 3 contributed to your role in the family

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4. Personal and family finances

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5. A crisis situation within your family

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6. The effect of technology on your family

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7. Good etiquette and manners:

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Discussion of each of these subjects will very likely carry over to more than one family meeting.

7. Discuss with your counselor your understanding of what makes an effective parent

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And why,

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And your thoughts on the parent’s role and responsibility in the family:

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**When working on merit badges, Scouts and Scouters should be aware of some vital information in the current edition of the *Guide to Advancement* (BSA publication 33088). Important excerpts from that publication can be downloaded from** [**http://usscouts.org/advance/docs/GTA-Excerpts-meritbadges.pdf**](http://usscouts.org/advance/docs/GTA-Excerpts-meritbadges.pdf)**.**

**You can download a complete copy of the *Guide to Advancement* from** [**http://www.scouting.org/filestore/pdf/33088.pdf**](http://www.scouting.org/filestore/pdf/33088.pdf)**.**

## Sample Home Duty or Chore List

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| Duty 1 |  | Duty 2 |  |
| Duty 3 |  | Duty 4 |  |
| Duty 5 |  | Duty 6 |  |

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| Week: |  | Week: |  | Week: |  |
| Day: | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Day | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Day | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Duty 1 |  |  |  |  |  |  |  | Duty 1 |  |  |  |  |  |  |  | Duty 1 |  |  |  |  |  |  |  |
| Duty 2 |  |  |  |  |  |  |  | Duty 2 |  |  |  |  |  |  |  | Duty 2 |  |  |  |  |  |  |  |
| Duty 3 |  |  |  |  |  |  |  | Duty 3 |  |  |  |  |  |  |  | Duty 3 |  |  |  |  |  |  |  |
| Duty 4 |  |  |  |  |  |  |  | Duty 4 |  |  |  |  |  |  |  | Duty 4 |  |  |  |  |  |  |  |
| Duty 5 |  |  |  |  |  |  |  | Duty 5 |  |  |  |  |  |  |  | Duty 5 |  |  |  |  |  |  |  |
| Duty 6 |  |  |  |  |  |  |  | Duty 6 |  |  |  |  |  |  |  | Duty 6 |  |  |  |  |  |  |  |

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| Week: |  | Week: |  | Week: |  |
| Day: | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Day | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Day | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Duty 1 |  |  |  |  |  |  |  | Duty 1 |  |  |  |  |  |  |  | Duty 1 |  |  |  |  |  |  |  |
| Duty 2 |  |  |  |  |  |  |  | Duty 2 |  |  |  |  |  |  |  | Duty 2 |  |  |  |  |  |  |  |
| Duty 3 |  |  |  |  |  |  |  | Duty 3 |  |  |  |  |  |  |  | Duty 3 |  |  |  |  |  |  |  |
| Duty 4 |  |  |  |  |  |  |  | Duty 4 |  |  |  |  |  |  |  | Duty 4 |  |  |  |  |  |  |  |
| Duty 5 |  |  |  |  |  |  |  | Duty 5 |  |  |  |  |  |  |  | Duty 5 |  |  |  |  |  |  |  |
| Duty 6 |  |  |  |  |  |  |  | Duty 6 |  |  |  |  |  |  |  | Duty 6 |  |  |  |  |  |  |  |

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| Week: |  | Week: |  | Week: |  |
| Day: | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Day | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Day | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Duty 1 |  |  |  |  |  |  |  | Duty 1 |  |  |  |  |  |  |  | Duty 1 |  |  |  |  |  |  |  |
| Duty 2 |  |  |  |  |  |  |  | Duty 2 |  |  |  |  |  |  |  | Duty 2 |  |  |  |  |  |  |  |
| Duty 3 |  |  |  |  |  |  |  | Duty 3 |  |  |  |  |  |  |  | Duty 3 |  |  |  |  |  |  |  |
| Duty 4 |  |  |  |  |  |  |  | Duty 4 |  |  |  |  |  |  |  | Duty 4 |  |  |  |  |  |  |  |
| Duty 5 |  |  |  |  |  |  |  | Duty 5 |  |  |  |  |  |  |  | Duty 5 |  |  |  |  |  |  |  |
| Duty 6 |  |  |  |  |  |  |  | Duty 6 |  |  |  |  |  |  |  | Duty 6 |  |  |  |  |  |  |  |

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| Week: |  | Week: |  | Week: |  |
| Day: | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Day | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Day | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Duty 1 |  |  |  |  |  |  |  | Duty 1 |  |  |  |  |  |  |  | Duty 1 |  |  |  |  |  |  |  |
| Duty 2 |  |  |  |  |  |  |  | Duty 2 |  |  |  |  |  |  |  | Duty 2 |  |  |  |  |  |  |  |
| Duty 3 |  |  |  |  |  |  |  | Duty 3 |  |  |  |  |  |  |  | Duty 3 |  |  |  |  |  |  |  |
| Duty 4 |  |  |  |  |  |  |  | Duty 4 |  |  |  |  |  |  |  | Duty 4 |  |  |  |  |  |  |  |
| Duty 5 |  |  |  |  |  |  |  | Duty 5 |  |  |  |  |  |  |  | Duty 5 |  |  |  |  |  |  |  |
| Duty 6 |  |  |  |  |  |  |  | Duty 6 |  |  |  |  |  |  |  | Duty 6 |  |  |  |  |  |  |  |

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| Week: |  |  | *Enter the dates for the weeks across the top of each block.**Under the day of the week the duty is performed, enter a check mark or X next to the duty number. Each duty may not need to be done each day.**Your parent or guardian may want to initial this chart each time duties are completed.* |
| Day: | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Duty 1 |  |  |  |  |  |  |  |
| Duty 2 |  |  |  |  |  |  |  |
| Duty 3 |  |  |  |  |  |  |  |
| Duty 4 |  |  |  |  |  |  |  |
| Duty 5 |  |  |  |  |  |  |  |
| Duty 6 |  |  |  |  |  |  |  |